

SAINT PIUS X PRIORY
SINGAPORE

WEEKLY BULLETIN
& MASS SCHEDULE

7 JANUARY 2018
FEAST OF THE
HOLY FAMILY

SUN 7 Jan	Feast of the Holy Family <i>2nd Class, white</i>	7.30 – Rosary 8.00 – Low Mass 9.30 – Rosary 10.00 – Sung Mass
MON 8 Jan	Feria <i>4th Class, white</i>	18.30 – Rosary 19:00 – Low Mass
TUE 9 Jan	Feria <i>4th Class, white</i>	7.15 – Low Mass 11.30 – Low Mass
WED 10 Jan	Feria <i>4th Class, white</i> <u>Monthly Requiem Mass</u>	11.30 – Requiem Mass
THU 11 Jan	Feria <i>4th Class, white</i> <i>St. Hyginus, Pope, Martyr, (Comm.)</i>	18.20 – Rosary & Benediction 19.00 – Low Mass
 FRI 12 Jan	Feria <i>4th Class, white</i>	18.20 – Stations of the Cross 19.00 – Low Mass
SAT 13 Jan	Baptism of Our Lord <i>2nd Class, white</i>	11.30 – Low Mass
SUN 14 Jan	2 nd Sunday after Epiphany <i>2nd Class, white</i>	7.30 – Rosary 8.00 – Low Mass 9.30 – Rosary 10.00 – Sung Mass

ANNOUNCEMENTS

Nominations. Fr. Etienne DEMORNEX has been assigned to Singapore to replace Fr. François LAISNEY as district bursar. He will however only arrive end of March.

In the meantime and as a temporary replacement, Fr. Michael FORTIN will spend about two months in Singapore (from end of January on) in order to enable the apostolate (and the Sunday Mass circuits) to continue as usual.

Vocations. These coming weeks, we will be pleased to welcome seminarians Daniel Yagan, Joseph Manyeki and Cyril Alolaya. Let us pray for their faithfulness.

Today. Second collection for SSPX schools.

Sunday 14 January. Mini-fair (for MI) after the 10am Mass..

5 to 10 February 2018. An Ignatian Retreat for both men and women will take place in Penang, Malaysia. Kindly return the enrolment form as soon as possible.

Sunday 21 January. AGM of Friends of the International Priestly Society of St. Pius X after the 10am Mass.

2018 Calendars. The District Calendars are available for S\$15.

Confessions: 30 min before Sunday Masses; on demand every day.

Children's Catechism on Saturday:

First Communion 14:00-14:45

Post First Communion 14:45-15:30

Older Group (13-18 years) 14:45-15:30

Mass Stipends:

One Mass: \$25

Novena: \$250

Gregorian Masses: \$1,000

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Rev. Fr. K. Stehlin (District Superior), Fr. B. Wailliez (Prior & District Assistant), Fr. F. Laisney (District Bursar)

Donations to SSPX by cheque: make it payable to "Friends of the International Priestly Society of St. Pius X"



HOW TO INTERACT AMONG OVERCONNECTED FAMILY MEMBERS?

Justin Rosenstein had tweaked his laptop's operating system to block Reddit, banned himself from Snapchat, which he compares to heroin, and imposed limits on his use of Facebook. The 34-year-old tech executive was particularly aware of the allure of Facebook "likes," which he describes as "bright dings of pseudo-pleasure" that can be as hollow as they are seductive. And Rosenstein should know: He was the Facebook engineer who created the Like button in the first place.



There is growing concern that as well as addicting users, technology is contributing to so-called continuous partial attention, severely limiting people's ability to focus, and possibly lowering IQ. One recent study showed that the mere presence of smartphones damages cognitive capacity — even when the device is turned off. "Everyone is distracted," Rosenstein says. "All of the time."

Nir Eyal, 39, is the author of *Hooked: How to Build Habit-Forming Products*. "The technologies we use have turned into compulsions, if not full-fledged addictions," Eyal writes. "It's the impulse to check a message notification. It's the pull to visit YouTube, Facebook, or Twitter for just a few minutes, only to find yourself still tapping and scrolling an hour later."

In an address, Eyal recommended an app called Pocket Points that "rewards you for staying off your phone when you need to focus." And he confided the lengths he goes to protect his own family. He has installed in his house an outlet timer that cuts off access to the internet at a set time every day. "The idea is to remember that we are not powerless," he said. "We are in control." But are we? If the people who built these technologies are taking such radical steps to wean themselves free, can the rest of us be expected to exercise our free will?

Not according to Tristan Harris, a 33-year-old former Google employee turned vocal critic of the tech industry. "All of us are jacked into this

system," he says. "All of our minds can be hijacked. Our choices are not as free as we think they are." In 2013, after being appointed Google's in-house design ethicist and product philosopher. He explored how LinkedIn exploits a need for social reciprocity to widen its network; how YouTube and Netflix auto-play videos and next episodes, depriving users of a choice about whether or not they want to keep watching; how Snapchat created its addictive Snapstreaks feature, encouraging near-constant communication between its mostly teenage users.

A friend at Facebook told Harris that designers initially decided the notification icon, which alerts people to new activity such as "friend requests," should be blue. "But no one used it," Harris says. "Then they switched it to red, and of course everyone used it." That red icon is now everywhere. "Red is a trigger color," Harris says.

The most seductive design, Harris explains, exploits the same psychological susceptibility that makes gambling so compulsive: variable rewards. When we tap those apps with red icons, we don't know whether we'll discover an interesting email, an avalanche of "likes," or nothing at all. It's this that explains how the pull-to-refresh mechanism, whereby users swipe down, pause, and wait to see what content appears, rapidly became one of the most addictive and ubiquitous design features in modern technology. "Each time you're swiping down, it's like a slot machine," Harris says. "You don't know what's coming next."

The designer who created the pull-to-refresh mechanism is Loren Brichter, 32. "I agree 100 percent. I have two kids now, and I regret every minute that I'm not paying attention to them because my phone has sucked me in."



Excerpts from <http://theweek.com/articles/737813/how-silicon-valley-hooks>