



SAINT PIUS X PRIORY
SINGAPORE

WEEKLY BULLETIN
& MASS SCHEDULE

18 FEBRUARY 2018
FIRST SUNDAY OF
LENT

SUN 18 Feb	1 st Sunday of Lent <i>1st Class, violet</i>	7.30 – Rosary 8.00 – Low Mass 9.30 – Rosary 10.00 – Sung Mass
MON 19 Feb	Feria <i>3rd Class, violet</i>	18.30 – Rosary 19:00 – Low Mass
TUE 20 Feb	Feria <i>3rd Class, violet</i>	7.15 – Low Mass
WED 21 Feb	 Ember Wednesday <i>2nd Class, violet</i>	11.30 – Low Mass
THU 22 Feb	Chair of St. Peter <i>2nd Class, white</i>	18.20 – Rosary & Benediction 19.00 – Low Mass
 FRI 23 Feb	Ember Friday <i>Commemoration of Saint Peter Damian</i> <i>2nd Class, violet</i>	7.15 – Low Mass 18.20 – Stations of the Cross 19.00 – Low Mass
SAT 24 Feb	St. Mathias <i>Apostle, 2nd Class, red</i> <i>Commemoration of Ember Saturday</i>	11.30 – Low Mass
SUN 25 Feb	2 nd Sunday of Lent <i>1st Class, violet</i>	7.30 – Rosary 8.00 – Low Mass 9.30 – Rosary 10.00 – Sung Mass

ANNOUNCEMENTS

2nd collection. Today, 3rd Sunday of the month, 2nd collection for chapel / priory maintenance.

Marian Hymn. Until Palm Sunday, we shall sing the *Ave Regina Caelorum* after Sunday Mass.

Lenten Recollection. March 2 (Friday) - 3 (Saturday) - 4 (Sunday). Poster in the vestibule.

Pilgrimage to the H. Land. To take place in October 15-25. Details in the vestibule. Register by April 1, at the latest. Payment only in USD.

Priests on duty. Fr. Wailliez will return to Singapore on February 28. This week, Father Fortin is on duty.

Confessions: 30 min before Sunday Masses; on demand every day.

Children's Catechism on Saturday:

First Communion 14:00-14:45

Post First Communion 14:45-15:30

Older Group (13-18 years) 14:45-15:30

Mass Stipends:

One Mass: \$25

Novena: \$250

Gregorian Masses: \$1,000



SOCIETY OF SAINT PIUS X - DISTRICT OF ASIA

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Rev. Fr. K. Stehlin (District Superior), Fr. B. Wailliez (Prior & District Assistant), Fr. Michael Fortin

Donations to SSPX by cheque: make it payable to "Friends of the SSPX"



FAST AND ABSTINENCE

LENT IS COMING

HERE'S WHAT YOU NEED TO KNOW



Ash Wednesday
is on February 14
(Valentine's Day)



Lent lasts 40 days
(excluding Sundays)



The three pillars
of Lent are:
prayer, fasting
and almsgiving.



Ash Wednesday
and Good Friday
are days of fasting
(one primary meal and
two lesser meals) and
abstinence from meat.



All Fridays in Lent
are days of abstinence
from meat.

Law of Fasting



and 2 Small meals

which if added together
would not exceed the
main meal in quantity

The fast is **broken** by eating between meals
and by drinks which could be considered
food (milk shakes, but not milk).

Law of Abstinence



NO MEAT

(i.e., flesh and organs
of mammals and fowls)



**Fish, shellfish
amphibians &
reptiles are
allowed.**

It is obligatory for:



Catholics who are
14 years old
until death
are bound to practice
the law of **abstinence**.



and Catholics who are
18 - 59 years old
are bound to practice
the law of **fasting**.

Those excused from fasting and abstinence

1) persons of unsound mind, 2) the sick, the frail, pregnant or nursing women according to need for meat or nourishment, 3) manual laborers according to need, 4) guests at a meal who cannot excuse themselves without giving great offense or causing enmity, 5) and other situations of moral or physical impossibility to observe the penitential discipline.

Liturgical Corner—On Lenten weekday Masses, there is an extra prayer called “Super Populum”. This prayer which follows the Postcommunion is introduced by an admonition: “Humiliate capita vestra Deo”, i.e. “Bow down your heads before God”. If words have a meaning, these simply mean that, while the priest recites the prayer standing, servers and faithful, on their knees, must devotedly bow the head till the conclusion of the prayer (“Amen”).